

<b>DIFFERENTIAL DIAGNOSIS OF ANXIETY DISORDERS</b>	
<i>If the client...</i>	<i>Then the diagnosis may be...</i>
Reports excessive fear or anxiety (e.g., getting lost, being kidnapped, having an accident, acquiring an illness, being injured, or dying) concerning separation from HOME OR ATTACHMENT FIGURES is anticipated or occurs	Separation Anxiety Disorder
Reports marked fear or anxiety, nearly every time (NOT OCCASIONALLY), about a specific object (e.g., spiders, insects, dogs, heights, storms, water, needles, invasive medical procedures, airplanes, elevators, enclosed places, or costumed characters) or situation (e.g., choking, vomiting, or loud sounds).	Specific Phobia
Reports almost always having marked fear or anxiety about one or more social situations in which the individual is exposed to possible SCRUTINY BY OTHERS (e.g., having a conversation, meeting unfamiliar people, eating or drinking, or giving a speech	Social Anxiety Disorder
Reports recurrent unexpected panic attacks (an abrupt surge of intense fear or intense discomfort that reaches a peak within minutes) resulting in PHYSICAL AND COGNITIVE SYMPTOMS	Panic Disorder
Reports persistent marked, or intense, fear or anxiety triggered by the real or anticipated exposure to a wide range of situations AND believes that ESCAPE from such situations might be difficult, or that HELP might be unavailable when panic-like symptoms, or other INCAPACITATING or embarrassing symptoms occur	Agoraphobia
Reports excessive anxiety and worry (apprehensive expectation) about a NUMBER OF EVENTS OR ACTIVITIES (e.g., everyday, routine life circumstances such as possible job responsibilities, health and finances, the health of family members, misfortune to children, doing household chores or being late for appointments)	Generalized Anxiety Disorder